



oceans of emotions

***an ART THERAPY group
for kids ages 7 - 10***

Are your child's grades dropping?
Are family, sibling, and peer relationships becoming strained and difficult?
Does your child seem unhappy, afraid or anxious?

This group, designed for kids, will utilize unique art therapy interventions to help kids regulate their *waves of emotions* by using their innate creativity to problem solve and cope. Using art in a group setting improves social skills, decreases negative behavior, increases emotional intelligence, and can ultimately improve self-confidence and overall well being.

WHEN : MONDAY AFTERNOONS 3.30pm – 5pm
WHERE: WEST VALLEY COUNSELING CENTER
COST: \$75 PER CHILD INCLUDING ART SUPPLIES

TO REGISTER AN INTAKE CONSULTATION OR REQUEST INFORMATION PLEASE
CALL EDIE MOSES 818.324.6319



Edie Moses, AMFT/Clinical Art Therapist is a qualified clinician with extensive experience working with children and families. Edie has expertise in treating anxiety and behavioral related problems and disorders.