



Oceans of Emotions

AN ART THERAPY GROUP
FOR KIDS
AGES 7 - 10

This group, designed for kids, will utilize unique art therapy interventions to help kids regulate their *waves of emotions* by using their innate creativity to problem solve and cope. Using art in a group setting improves social skills, decreases negative behavior, increases emotional intelligence, and can ultimately improve self-confidence and its FUN!

WHEN : TBD

WHERE: WEST VALLEY COUNSELING CENTER

COST: \$25 PER CHILD INCLUDING ART SUPPLIES

**TO REGISTER AN INTAKE CONSULTATION OR REQUEST INFORMATION PLEASE
CALL EDIE MOSES 818.324.6319**



Edie Moses, AMFT/Clinical Art Therapist is a qualified clinician with extensive experience working with children and families. Edie has expertise in treating anxiety and behavioral related problems and disorders.